



155 NOVEMBER '21

CAGLIERO 11

newsletter for Salesian
Missionary Animation



Publication of the missions sector for SDB communities and friends of the salesian mission



**Dear brothers
and friends,**

'Burnout' has to do with a person's energy. Burnout refers to those who can no longer cope, who have spent all their energy and are unable to regenerate it. Pastoral workers can also suffer from this syndrome: emotional exhaustion, depersonalisation and lack of personal satisfaction.

We are talking about normal people who have started their service with generosity and dedication and later got scalded or burnt out. Listening to their discomfort and helping them understand their internal and external situation realistically help them to take steps to revive the "flame" of their dedication. It is certainly a flame that must be fed with prayer and other spiritual aids, but it is right to recognise that, sometimes, the concrete conditions in which pastoral service is carried out are such that they burn up the resources of evangelisers, at least some of them.



■ Fr. Miguel Ángel García, SDB
General Councillor for Youth
Ministry

Strength and weakness go together

It gives us great joy to see the 23 missionaries who form the 152nd missionary expedition; **we thank the Lord** for this great gift. We know that it is not at all easy, especially in these last two years, to opt to be a missionary ad gentes, and often having to wait many months before actually being able to leave. As always, the missionary is required to be strong and robust. And, also, humble because such **high expectations** from so many are placed on his shoulders. But, what if, despite sincere discernment and honest preparation, he does not come up to expectations; what if he does not make it? What do we do?

Pope Francis' prayer intention this month is for those suffering from depression or burnout. We should be sensitive to these people who may be close to us, indeed even among us. Not only to respect them in their fragility but also to allow ourselves get concerned about them. The apostle and missionary, Paul of Tarsus, wrote, "**when I am weak, it is then that I am strong**" (2 Cor 12:10). If we look at Christ in the Gospel, we see that what brought us salvation was not the great power with which he worked wonders for the good of the people but, in the end, his weakness and helplessness on the cross.

We are a vibrant and strong congregation; we do so many good things, so many activities. Also, thanks to our missionaries. Without their courage, determination and energy we could never be who we are called to be, we would not be the faithful sons of Don Bosco. We should, however, not be afraid to **recognise and accept our limitations** too, to present our empty hands to God. Certainly, thanks to faith and trust in the Spirit of Christ, we can do much more than we think. Along with the contemporary theologian, Tomas Halik, and the architects of skyscrapers, we can admit at the same time that "what does not shake, is not necessarily solid".

■ Fr. Pavel Ženíšek, SDB
Member of the Missions Sector

FOR REFLEXION AND SHARING

- Do I know my personal strengths and limitations?
- Am I willing to find and meet Christ even in my weaknesses, frailties and limitations?



152nd MISSIONARY EXPEDITION



Don Bosco's great missionary dream continues. We present you the **23 Salesians** who will be sent forth by the Rector Major, Fr Ángel, from Valdocco during the liturgical ceremony on 14 November 2021.

Origin		Name	Destination	
Province	Country		Province	Country
ACC	DR Congo	S. DAVID EYENGA	BOL	Bolivia
ACC	Congo	S. PATERNE MOUANGA	BOL	Bolivia
AFC	DR Congo	S. CHRISTOPHE CITO	POR	Portugal
AFC	DR Congo	S. GRÉGOIRE MALOBA	POR	Portugal
AFC	DR Congo	S. LUKUNDULA RAMAZANI DIEUDONNÉ	ISI	Tunis
AFE	Zanzibar	S. EMMANUEL MGANDA	BMA	Brazil
AFO	Benin	P. BARNABÉ GBODONOUMÈTO NOUDÉVIWA	ARS	Argentina
AGL	Uganda	L. CYPRIAN MBAZIIRA	SLO	Slovenia
ANG	Angola	S. TEODÓSIO AUGUSTO ALVES	MOR	not specified
CAM	Guatemala	S. JOSÉ GUILLERMO RAMÍREZ	AFC	DR Congo
FIN	Philippines	P. JOSÉ ARMANDO CORTEZ	ARS	Argentina
FIS	Philippines	P. ARNEL JASON MENGOTE	MOZ	Mozambique
MDG	Madagascar	S. GERMAIN MAEVATOKY	MOR	not specified
MEM	Mexico	P. ISMAEL HERNÁNDEZ RAMÍREZ	GER	Turkey
SUE	U.S.A.	S. DANIEL GLASS	ACC	not specified
VIE	Vietnam	S. VINCENTE LÊ THÀNH TRUNG	SLO	Slovenia
VIE	Vietnam	S. JOSEPH NGUYỄN ĐỨC HẬU	SLO	Slovenia
VIE	Vietnam	S. FRANCIS X. ĐỨC KHIÊM	AFC	DR Congo
VIE	Vietnam	S. JOHN BAPTIST NGUYỄN VĂN TAI	ACC	not specified
VIE	Vietnam	L. JOSEPH TRẦN THUẬN THIỀN TRÚC	AFE	Sudan
VIE	Vietnam	S. JOSEPH HOÀNG QUỐC TIẾN	AFC	DR Congo
VIE	Vietnam	S. PETER TRAN TRI	AFE	Sudan
ZMB	Malawi	S. THOMAS FRANK ZELEWENDE	BMA	Brazil

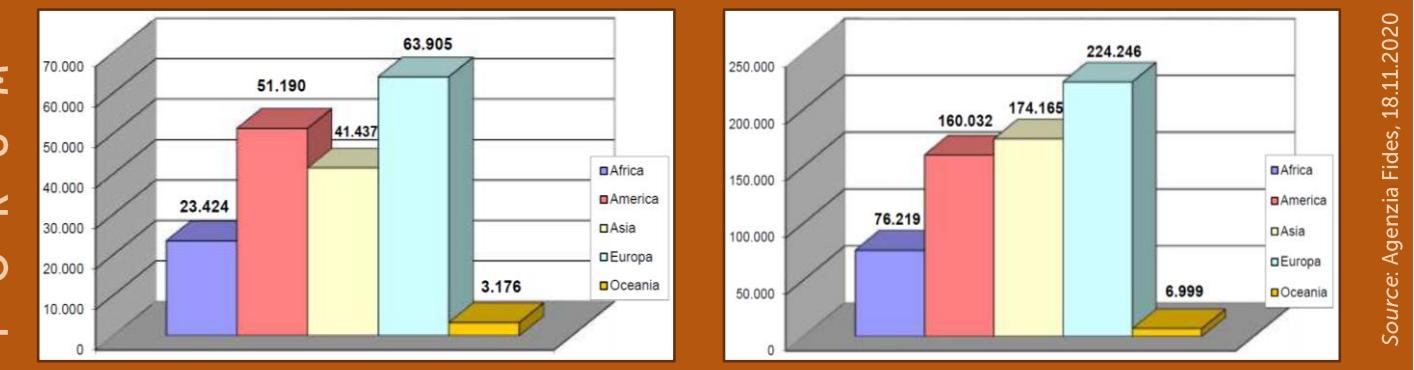
In the table on the left, as well as in the enclosed map, you can see who these missionaries are, where they come from and where their new mission will be. As for their origins, there are 11 from Africa, nine from Asia and three from the Americas. There is no one from Europe or Oceania, nor from India, the latter most likely due to the pandemic that has hit the Indian sub-continent very hard. There are students in formation, priests and coadjutors among them, many young, some already mature and experienced.

The unusual date of sending them in mid-November was chosen so as not to coincide with the General Chapter of the FMA sisters who traditionally send their missionaries together with our confreres.

We invite you to pray for the new missionaries, for the good progress of the necessary administrative matters, and above all, for their insertion and beneficial presence in the new mission.

Religious in the world (priests and non-priests): 183.132

Catholic nuns in the world: 641.661



Source: Agenzia Fides, 18.11.2020

NOVEMBER SALESIAN MISSIONARY INTENTION

People who suffer from depression

For members of EPCs in the USA suffering from burn-out, anxiety, or depression.

We pray that people who suffer from depression or burn-out will find support and a light that opens them up to life.
[Pope Francis' prayer intention]

